



University of Colombo, Staff Development Centre

Announcement: Staff Development Training - to be held in June 2016

This is to announce the under-mentioned activities that the SDC will conduct.

(Venue: SDC Seminar Room, near Planetarium, University of Colombo, with limited numbers)

1- Course Announcement: Due to constant demand and with the return of the Course Tutor, the course for senior academics, the **Accreditation of Senior Teachers in Higher Education (ASTHE)** is due to commence in the first week of July 2016 for a limited group of forty. This is an internationally accredited lecturer-training course and will run on Fridays, as 12-14 full-day workshops. A separate announcement will be circulated to universities, though you may register your interest by e-mailing "sdc.universityimprovement@gmail.com" (with "Seniors Course, ASTHE 2016" in the Subject Line). **Course Tutor: Professor Suki Ekaratne**

2 - Discussion: Title: "**A Model to manage student transition to the University**" [*Fee: Rs 1500/=]
Date: Friday, 10th June 2016 **Time:** 9:30 am to 12:30 pm **Application deadline: 30/05/2016**
Practice-based discussions for academics to improve teaching / learning /assessment
Discussion Leader: Professor Suki Ekaratne, Consultant - SDC, University of Colombo

This is a monthly discussion (usually on every 2nd or 3rd Friday mornings) to inform, and discuss with academics (on an interactive discussion mode), proven practice/s already used in other universities to deal with selected teaching related challenge/s. To participate, academic staff should send the signed application form, and also send an e-mail to "sdc.universityimprovement@gmail.com" (with "Discussion- June " in the Subject Line), keeping in mind that numbers are limited, with selection on a first-come-first-served basis. Selected applicants will be informed by e-mail and will be e-mailed material for the discussion.

3. Workshop: Title: "**Mindfulness for Personal Effectiveness**" [*Fee: Rs 2000/=]
Date: Wednesday 15th June 2016 **Time:** 9:30 am to 12:30 pm **Application deadline: 08/06/2016**
Resource Person: Professor M Wasantha Gunathunga, Head, Community Medicine,
Faculty of Medicine, University of Colombo

(Target Group: All staff categories)

Stress and related health conditions among professionals is an emerging problem affecting their lives and productivity of their institutions. These could reduce the quality of life creating frustration, anger and relationship problems. This workshop will include a broad discussion and analysis of related issues, as well as exercises to train your mind. It will also show how mind training exercise could be inserted to your daily routine to improve composure, tolerance, capacity to work, time management and many other soft skills. Subsequent to the initial training, you would benefit from self-training, supported by local small group discussions and a couple of subsequent 'top-up' workshops.

4. Workshop: Title: "**Refreshing methods to help us rethink to improve Student Learning**"
Date: Monday 27th June 2016 **Time:** 9 am to 12:30 pm [*Fee: Rs 2000/=]
Resource Person: Professor Suki Ekaratne, University of Colombo **Application deadline: 15/06/2016**
Lecturers in Higher Education (HE) are constantly challenged to find ways to improve their HE teaching. In doing so, lecturers are accosted with a constantly changing student population as also policy changes. Therefore, it is beneficial for staff to refresh the methods they can use and to review their effectiveness. This workshop will review how you can do so and expose you to a range of methods that you could use to address issues that have posed problems for teaching and student learning.

FEES *: Colombo University staff, excluding institutions: no charge. Fee is for others

(application can also be sent by e-mail to: sdc.office1@gmail.com, followed by hard copy via internal mail)

CONFIRMATION: Please telephone SDC to obtain confirmation of your acceptance for participation. The SDC will also try to e-mail you to confirm your acceptance using your e-mail contact.

Application Form (format): please see other side

Venue: Seminar Room, SDC, University of Colombo

Staff Development Centre (SDC), University of Colombo

Phone: 011 533 7207

Fax: 011 259 4899

e-mail: sdc.office1@gmail.com

WORKSHOP APPLICATION format: Please apply using the following format;

Workshop title:

Name: Prof/Dr/Mr/Ms.....

Designation:

University:

Contact e-mail:

Department:

Mobile phone:

Vegetarian**: Yes / No

Have you followed a CTHE programme**: Yes / No (** strike off inapplicable item)

.....
Applicant's signature

.....
Head of Department or Dean's signature

Date:.....